

Edinburgh Southern Win National CC Relay

WITH the holders, Clyde Valley, being among 12 clubs whose entry was sent to the organisers too late for acceptance, the contest in the Senior Race of the Scottish National Cross-Country Relay Championships at Irvine on October 28th seemed to be between Edinburgh Southern (East Champions) and Shettleston (West Champions). However, weakened by the absence of injured Lawrie Spence and Nat Muir (who deeply disappointed his club by competing in a road race at Gateshead instead of competing in the National Relay) Shettleston were never in the hunt and eventually finished 7th, two minutes behind the winner. A seaside venue at Irvine with a much enjoyed twisting, hilly course which included a 300y stretch of loose beach sand severely tested the runners.

There was a big surprise on the opening lap

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SULLIVAN SPORTS

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SCOTTISH NEWS — By Colin Shields

when Alan Gourlay of Longbar, a former junior star, was first home in 13:48, 3 sec ahead of Bill Sheridan (Westerlands) with European Junior 1500m record holder Graham Williamson (Springburn) — having a fun run after a hard track season — 3rd in 13:54. The eventual prize winning teams were well down the field, with only Edinburgh AC (7th) in the first 10, and Edinburgh Southern (12th), Spango Valley (13th) and Cambuslang (14th) were almost half a minute down on the leaders.

Allister Hutton's fastest lap of the day established a 3sec lead for Southern from Springburn with Cambuslang 3rd a further 14sec behind. But Hutton got a fright early on from Gordon Rimmer who, starting 6sec behind Hutton, closed up on him and actually passed him after ½ mile. With his greater experience Hutton eventually got away from Rimmer (22) who, though only in athletics for 2 years, has track times of 7:59.7 and 14:06.8 to his credit and looks a great future prospect on both track and cross-country.

With a general closing up of positions on the 3rd lap Southern kept a 20sec lead thanks to Colin Youngson who had just 2 weeks training after a facial operation that necessitated his wearing glasses during his lap. Southern put their stamp of superiority on the race when Ian Elliott turned in the second fastest lap of the day for a 40sec victory over Spango Valley who won their first ever National trophies thanks to Cameron Spence who brought them from 5th with a great fighting lap that took him past Doug Gunstone with just 200y to go.

Clyde Valley won the Young Athletes event thanks to a great final lap by Paul Fox with Springburn (West Champs) and Edinburgh Southern (East Champs) taking the minor placings. The unluckiest club on the day was Cambuslang Harriers, whose rapidly developing strength in all age groups was amply demonstrated in both races. They were actually placed 2nd in each race at the start of the final lap and eventually ended up without any medals. They have, however, two notable athletes in David McShane, fastest by 37sec in the Junior Boys lap, and the rapidly improving Gordon Rimmer in the Senior Race.

Senior/Junior 4 × 2½M

1, Edinburgh Southern (I. Orton 14:26, A. Hutton 13:21, C. Youngson 14:13, I. Elliott 13:31) 55:31;

2, Spango Valley (H. Cox 14:30, G. Clark 13:35, T. Dobbin 14:30, C. Spence 13:36) 56:11;
3, Edinburgh AC (N. Jones 14:09, D. Watson 14:14, D. Hunter 13:57, D. Gunstone 13:56) 56:16;

4, Cambuslang (R. Anderson 14:32, G. Rimmer 13:32, C. Donnelly 14:10, R. Stone 14:06) 56:20;

5, Falkirk Victoria (M. Logue 14:41, J. McGarva 13:38, W. Day 14:11, J. Dingwall 14:05) 56:35;

6, Edinburgh University (C. White 14:35, S. Gibson 13:47, R. Thomas 14:26, D. Bryson 14:33) 57:21;

7, Shettleston (J. Evans 15:00, I. Shaw 14:22, S. Easton 14:01, J. Burns 14:07) 57:30;

8, Ayrshire AAC (J. Golder 14:00, I. Kerr 15:02, J. Boyd 14:23, G. Grant 14:37) 58:02;

9, Aberdeen (G. Milne 14:08, G. Laing 14:12, D. Buchan 15:17, M. Edwards 14:26) 58:03;

10, Springburn (G. Williamson 13:54, T. Patterson 13:56, A. McIndoe 16:02, E. Knox 14:38) 58:30;

11, Glasgow Univ 59:00; 12, Greenock Wellpark 59:08; 13, Bellahouston 59:18; 14, Bellahouston 'B' 59:24; 15, Edinburgh 'B' 59:28; 16, Longbar 59:31; 17, Greenock Glenpark 59:36; 18, Westerlands CCC 59:40; 19, Fife 59:53; 20, Ayr Seaforth 60:07; 21, Edinburgh S 'B' 60:11; 22, Edinburgh Univ 'B' 60:25; 23, Kilbarchan 60:50; 24, Ayrshire 'B' 61:05; 25, Dumbarton 61:12; 26, Law & D 61:14; 27, Falkirk Victoria 'B' 61:28; 28, Cambuslang 'B' 62:08; 29, Fife 'B' 62:40; 30, Greenock Wellpark 'B' 62:46; 31, Spango Valley 'B' 62:48; 32, Edinburgh Univ 'C' 62:51; 33, Teviotdale 62:55; 34, Edinburgh 'C' 62:59; 35, Garscube 63:44; 36, Shettleston 'B' 63:57; 37, Clydesdale 64:05; 38, Glasgow Univ 'B' 64:26; 39, Dundee Univ 64:30; 40, Falkirk Victoria 'C' 65:04; 41, Springburn 'B' 65:14; 42, Dundee Hawkhill 65:18; 43, Ayr Seaforth 'B' 65:39; 44, Glasgow Univ 'C' 65:52; 45, Dumbarton 'B' 66:04; 46, Maryhill 66:14; 47, Kilbarchan 'B' 66:17; 48, Greenock Glenpark 'B' 66:31; 49, Falkirk Victoria 'D' 66:39; 50, Law 'B' 66:43. 64 teams finished. **Fastest:** A. Hutton (ESH) 13:21; I. Elliott (ESH) 13:31; G. Rimmer (Cambus) 13:32; G. Clark (Spango V) 13:35; C. Spence (Spango V) 13:36; J. McGarva (FVH) 13:38; F. Clyne (GU) 13:44; S. Gibson (EU) 13:47; A. Gourley (Long) 13:48; W. Sheridan (W'land) 13:51; G. Williamson (Spring) 13:54; T. Patterson (Spring) 13:56; D. Gunstone (EAC) 13:56; D. Hunter (EAC) 13:57; J. Golder (Ayr) 14:00.

Junior Boys/Senior Boys/Youths

1, Clyde Valley (D. Bowie 13:38, T. McKean 13:08, P. Fox 11:43) 38:29; 2, Springburn (K. Sinclair 13:35, S. McPherson 12:37, A. Callan 12:30) 38:42; 3, Edinburgh S (W. Curle 13:54, D. Slessor 13:07, I. Steel 12:20) 39:21; 4, St Cols HS 39:57; 5, Cambuslang 40:03; 6, Clyde Valley 'B' 40:06; 7, Falkirk Victoria 40:07; 8, Springburn

'B' 40:22; 9, Edinburgh S 'C' 40:28; 10, Irvine 'C' 40:37; 11, Springburn 'B' 41:03; 12, Edinburgh S 'B' 41:03; 13, Cambuslang 'C' 41:12; 14, Clydesdale 41:20; 15, Cambuslang 'B' 41:20; 16, Edinburgh 41:25; 17, Falkirk Victoria 'B' 41:29; 18, Bellahouston 41:42; 19, Kilbarchan 41:44; 20, Edinburgh S 'D' 41:53; 21, Ayr Seaforth 41:59; 22, Central Region 42:02; 23, Dumbarton 42:08; 24, Falkirk Victoria 'C' 42:22; 25, Edinburgh 'B' 42:25; 26, St. Cols HS 'B' 42:39; 27, Shettleston 42:47; 28, Ayr Seaforth 'B' 43:19; 29, St. Cols HS 'C' 43:21; 30, Geo Heriot's 43:22. 54 teams finished. **Fastest: (Junior Boys)** D. McShane (Camb) 12:58; K. Sinclair (SP) 13:35; S. Bradley (Sp) 13:36; D. Bowie (CV) 13:38; J. Kyle (Sp) 13:49; W. Curle (ESH) 13:54. **(Senior Boys):** S. McPherson (Sp) 12:37; G. Mitchell (FVH) 12:54; R. Hawkins (Kilb) 12:57; D. Slessor (ESH) 13:07; T. McKean (CV) 13:08; T. Farrell (Camb) 13:12. **(Youths):** P. Fox (CV) 11:44; G. Millar (St Cols) 12:08; I. Steel (ESH) 12:20; C. Anderson (Col) 12:30; A. Callan (Sp) 12:30; A. McKay (EAC) 12:35.

GLASGOW UNIVERSITY '5' November 11th

"What is coloured blue and gold, and jumps on and off motor cars?" This teasing puzzle was first asked at Westerlands when the Glasgow University Open 5 miles road race was run, and Nat Muir of Shettleston Harriers provided the answer.

Fraser Clyne (Glasgow Univ) led the large field of over 250 runners and at Carriesburn Toll (1½ miles) was in the front of a bunch of 8-10 runners including Muir, Jim Golder (Ayr), Doug Gunstone (EAC), Tom Wiseman (Garscube), Brian McSloy (Clyde V) and John McGarva (FVH). The field continued bunched together, with the lead changing frequently, until half distance when Muir eased to the front and set off, closely followed by McSloy and the pack.

With just over a mile to the finish Muir was speeding down Kelvindale Hill when a Mini shot out of a house driveway across the footpath right into the path of the approaching runners. Muir, 4 or 5 yards in front of the pack, was suddenly

LONDON BOROUGH OF CROYDON SPORTS ARENA ALBERT ROAD, S.E. 25

Clubs and organisations wishing to hire the running track and field for Athletic Meetings during the Summer Season (1st April to 30th September, 1979) should apply to the Chief Officer of Parks, 19 South End, Croydon CR0 1BE, for details and application forms. Completed forms should be returned to him by the 31st December, 1978.

1978

JUNIOR/SENIOR MEN 4 x 2½ mile

1. Edinburgh Southern H. "A"	(I. Orton 14.26(12); A. Hutton 13.21(1); C. Youngson 14.13(1); I. Elliot 13.31(1))	<u>55:31</u>
2. Spango Valley AAC "A"	(H. Cox 14.30(13); G. Clark 13.35(4); T. Dobbin 14.30(5); C. Spence 13.36(2))	<u>56:11</u>
3. Edinburgh AC "A"	(N. Jones 14.09(7); D. Watson 14.14(3); D. Hunter 13.57(3); D. Gunstone 13.56(3))	<u>56:16</u>
4. Cambuslang H. "A"	(R. Anderson 14.32(14); G. Rimmer 13.32(3); C. Donnelly 14.10(2); R. Stone 14.06(4))	<u>56:20</u>
5. Falkirk Victoria H. "A"	(M. Logue 14.41(18); J. McGarva 13.38(5); W. Day 14.11(4); J. Dingwall 14.05(5))	<u>56:35</u>
6. Edinburgh University "A"	(C. White 14.35(16); S. Gibson 13.47(7); R. Thomas 14.26(6); D. Bryson 14.33(6))	<u>57:21</u>
7. Shettleston H. "A"	(J. Evans 15.00(26); I. Shaw 14.22(15); S. Easton 14.01(7); J. Burns 14.07(7))	<u>57:30</u>
8. Ayrshire AAC "A"	(J. Golder 14.00(4); I. Kerr 15.02(12); J. Boyd 14.23(8); G. Grant 14.37(9))	<u>58:02</u>
9. Aberdeen AAC "A"	(G. Milne 14.08(6); G. Laing 14.12(6); D. Buchan 15.17(9); M. Edwards 14.26(9))	<u>58:03</u>
10. Springburn H. "A"	(G. Williamson 13.54(3); T. Patterson 13.56(2); A. McIndoe 16.02(11); E. Knox 14.38(10))	<u>58:30</u>
11. Glasgow University "A"	(P. Porter 14.58(24); P. Kemp 14.40(19); T. Logue 15.38(22); F. Clyne 13.44(11))	<u>59:00</u>
12. Greenock Wellpark H. "A"	(A. Coutts 14.10(9); G. Gaffney 14.26(10); J. Duffy 15.16(10); H. Mooney 15.26(12))	<u>59:08</u>
13. Bellahouston H. "A"	(A. Daly 14.54(22); G. Getty 14.57(20); C. Joss 14.39(15); J. Russell 14.48(13))	<u>59:18</u>
14. Bellahouston H. "B"	(J. Walker 15.06(27); M. Steele 14.48(21); R. McCrone 14.40(16); H. Scott 14.50(14))	<u>59:24</u>
15. Edinburgh AC "B"	(G. Keir 15.11(23); R. Knowles 14.21(18); M. Wilson 15.03(17); J. Gray 14.55(15))	<u>59:28</u>
16. Longbar AC "A"	(A. Gourley 13.48(1); G. Robb 14.55(11); J. Ash 15.20(12); J. Sloss 15.28(16))	<u>59:31</u>
17. Greenock Glenpark H. "A"	(J. Orr 14.34(15); W. Dunn 14.54(16); I. Cameron 15.20(18); R. Hodelet 14.47(17))	<u>59:36</u>
18. Westerlands CCC "A"	(W. Sheridan 13.51(2); J. Kelly 15.40(17); W. Reid 14.49(13); A. Brown 15.20(18))	<u>59:40</u>
19. Fife AC "A"	(A. McIntosh 14.17(11); J. Ness 15.03(14); D. Francis 16.09(23); P. Hay 14.24(19))	<u>59:53</u>
20. Ayr Seaforth AC "A"	(J. Ferguson 14.14(10); J. Sands 14.59(13); T. McCulloch 15.51(19); G. Faulds 15.03(20))	<u>60:07</u>
21. Edinburgh Southern H. "B"	(M. Craven 14.09(8); A. Robertson 14.22(9); K. Harkness 15.56(14); P. Taylor 15.44(21))	<u>60:11</u>
22. Edinburgh University "B"	(B. McDowell 15.28(35); N. Rowan 14.54(26); G. Cunningham 14.47(20); A. Smith 15.16(22))	<u>60:25</u>
23. Kilbarchan AAC "A"	(G. Fairley 14.59(25); R. Gardiner 14.58(22); B. Gardiner 15.14(21); K. McEwan 15.39(23))	<u>60:50</u>
24. Ayrshire AAC "B"	(C. Martin 14.55(23); R. Turley 15.41(29); H. Rankine 14.58(24); N. Pakey 15.31(24))	<u>61:05</u>
25. Dumbarton AAC "A"	(D. Kirk 14.06(5); A. Prior 15.52(23); H. Martin 16.30(29); C. Martin 14.44(25))	<u>61:12</u>
26. Law & District AAC "A"	(W. Nelson 14.47(19); W. Dickson 15.21(24); W. Drysdale 15.49(26); J. Rowley 15.17(26))	<u>61:14</u>
27. Falkirk Victoria H. "B"	(R. Adams 14.54(21); D. Gibson 15.24(25); M. Todd 15.24(25); W. Sharp 15.46(27))	<u>61:28</u>
28. Cambuslang H. "B"	(C. Feechan 15.21(32); G. Cooper 15.23(30); D. Cooney 15.31(29); J. Kennedy 15.53(29))	<u>62:08</u>
29. Fife AC "B"	(A. Stapley 15.49(42); A. Faulds 15.14(33); J. Linton 16.14(35); G. Ferrie 15.23(29))	<u>62:40</u>
30. Greenock Wellpark H. "B"	(G. King, Jnr. 16.03(46); W. Stoddart 15.18(38); G. Newman 15.57(36); T. Anderson 17.46(30))	<u>62:46</u>
31. Spango Valley AAC "B"	(M. Coyle 14.52(20); R. Hyett 15.38(28); A. Galbraith 16.28(32); C. Leck 15.50(31))	<u>62:48</u>
32./		

32. Edinburgh University "C"	(W. MacFadyen 15.43(41); A. Hargreaves 15.57(42); R. Nelson 15.56(39); J. Robertson 15.15(32))	<u>62:51</u>
33. Teviotdale H. "A"	(S. Barker 16.05(43); A. Samuel 14.59(34); N. Taylor 15.47(31); R. Hodgins 16.04(33))	<u>62:55</u>
34. Edinburgh AC "C"	(R. Baker 15.00(26); J. Scott 15.56(31); J. Gillings 16.15(34); J. Arkless 15.48(34))	<u>62:59</u>
35. Garscube H. "A"	(D. Kerr 15.50(43); J. Barrowman 15.43(41); R. Wilson 15.49(37); S. Cullen 16.22(35))	<u>63:44</u>
36. Shettleston H. "B"	(D. Lothian 14.38(17); G. McKie 16.43(37); T. Lucas 15.22(30); W. Scally 17.14(36))	<u>63:57</u>
37. Clydesdale H. "A"	(D. McDonald 15.13(29); A. McKay 16.32(43); B. McAusland 16.23(41); J. Shields 15.57(37))	<u>64:05</u>
38. Glasgow University "B"	(W. McColl 15.17(30); D. Stoddart 15.54(35); D. Hart 16.14(38); C. Bradley 17.01(33))	<u>64:26</u>
39. Dundee University "A"	(S. McKay 16.00(45); D. Wilson 16.23(47); R. Hay 16.23(45); T. Davidson 15.44(39))	<u>64:30</u>
40. Falkirk Victoria H. "C"	(M. Coyne 16.23(52); J. Lawson 15.54(45); D. Markie 16.33(46); J. Murray 16.09(40))	<u>65:04</u>
41. Springburn H. "B"	(E. McNair 15.25(33); T. Malcolm 15.33(32); A. White 16.03(33); A. Jackson 18.13(41))	<u>65:14</u>
42. Dundee Hawthill H. "A"	(C. Haskett 15.18(31); J. McLaughlin 18.26(59); E. Reats 15.29(50); B. Angus 16.05(42))	<u>65:18</u>
43. Ayr Seaforth AC "B"	(J. Anderson 15.40(40); J. Doolan 17.02(50); J. Thomson 15.59(44); C. Wright 16.58(43))	<u>65:39</u>
44. Glasgow University "C"	(G. White 16.27(56); K. Dickson 16.03(48); T. Rankin 16.32(47); D. Walker 16.50(44))	<u>65:52</u>
45. Dumbarton AAC "B"	(J. Halliday 16.28(57); F. Cooney 16.30(54); C. Brown 16.29(51); A. Buddy 16.37(45))	<u>66:04</u>
46. Maryhill H. "A"	(R. Ball 16.24(53); R. Arden 16.43(57); R. Stevenson 15.27(43); F. Murdoch 17.40(46))	<u>66:14</u>
47. Kilbarchan AAC "B"	(D. McKellar 17.23(63); D. McLeod 16.41(55); M. Rees 16.56(54); K. Laing 16.16(47))	<u>66:17</u>
48. Greenock Glenpark H. "B"	(G. Rodgers 16.26(55); T. Black 15.55(46); R. Cox 17.12(53); D. Childs 16.58(48))	<u>66:31</u>
49. Falkirk Victoria H. "D"	(D. Shields 17.47(67); T. Strange 17.18(66); N. Brooks 15.56(59); A. Pender 15.38(49))	<u>66:39</u>
50. Law & District AAC "B"	(M. Benyon 16.39(58); D. Black 16.38(58); R. Benyon 16.58(55); R. Brown 16.28(50))	<u>66:43</u>
51. Irvine AC "A"	(D. Scobie 16.25(54); R. Henry 16.40(56); A. Cowan 16.06(49); W. Spiers 17.40(51))	<u>66:51</u>
52. Westerlands CCC "B"	(S. Crawford 15.29(37); S. Alexander 16.17(44); G. Struthers 17.16(48); D. Robertson 18.27(52))	<u>67:29</u>
53. Edinburgh University "E"	(M. Laing 16.03(47); G. Smith 16.38(49); D. Robertson 17.49(56); N. Ross 17.11(53))	<u>67:41</u>
54. Garscube H. "B"	(W. Cassidy 16.13(50); C. Jackson 16.30(51); K. McAnna 16.46(52); A. McDonald 18.34(54))	<u>68:03</u>
55. Aberdeen AAC "E"	(D. Nicholson 17.29(64); G. McLennan 16.45(62); M. Easdon 16.37(58); K. Edgar 17.26(55))	<u>68:17</u>
56. Greenock Wellpark H. "C"	(C. Doyle 16.42(60); R. Johnston 16.06(52); I. Blue 17.57(57); J. Stevenson 17.46(56))	<u>68:31</u>
57. Glasgow University "E"	(J. Tomlie 16.06(49); C. Petrie 18.03(61); T. Cunningham 18.51(63); S. McDonald 17.28(57))	<u>70:28</u>
58. Westerlands CCC "C"	(I. Struthers 18.44(73); D. Gilmore 17.55(70); D. Strachan 17.36(66); C. MaAdam 17.00(58))	<u>71:15</u>
59. Glasgow University "D"	(M. Williams 16.50(62); D. O'Neil 17.38(63); J. Flett 18.03(62); S. Boardman 19.18(59))	<u>71:49</u>
60. Dundee University "B"	(D. Reid 16.45(61); S. Plummer 18.17(65); P. Illingworth 21.47(71); M. O'Malley 15.10(60))	<u>71:59</u>
61. Greenock Glenpark H. "C"	(S. Reddy 18.12(71); P. Devlin 18.00(68); D. Kennedy 18.20(67); T. McDougall 17.51(61))	<u>72:23</u>
62. Spango Valley AAC "D"	(L. McMahan 18.06(69); A. Page 18.49(71); A. Gallacher 18.10(69); J. Spence 18.41(62))	<u>73:46</u>
63. Maryhill H. "B"	(L. McCue 19.23(74); G. McKay 19.00(73); D. Clarke 20.23(72); J. McLaren 17.37(63))	<u>76:23</u>
64. Dumbarton AAC "C"	(G. McLaren 17.35(66); D. Cameron 20.03(72); W. Cowie 21.38(73); W. Barclay 18.26(64))	<u>77:17</u>

The following did not finish a team:

Kilbarchan AAC "C" (J.Rodger 17.29(65); A.Smith 17.10(64); L.Taylor 17.07(60)).....
 Spango Valley "C" (E.Linn 18.16(72); J.Gallacher 17.58(69); G.Spence 17.00(64)).....
 Bellahouston H "C" (R.Anderson 16.40(59); J.Charles 16.11(53); R.Crawford 21.04(65)).....
 Cambuslang H "C" (J.Wilson 15.31(39); S.McIntosh 15.45(36)).....
 Springburn H "C" (D.Wilmoth 20.48(76); T.Craig 18.28(75)).....
 Shettleston H "C" (A.McDermid 18.05(69)).....
 St.Andrews Uv "C" (M.Thomson 18.09(70)).....

The following teams were disqualified for not running in their declared order:

Clydesdale H "B" (J.McAusland 15.38; I.Leggett 16.01; I.Hopkins 16.45; J.McKay 18.08)
 Edinburgh Univ "D" (R.Archibald 16.14; R.William 19.27; C.Graves 18.53; M.Low 16.42)
 Fife AC "C" (C.Mackie 15.34; A.Arbutnot 18.25; G.McIvor 18.09.....)
 Greenock Glen "D" (J.Sheridan 20.36; I.Riddell 18.21; J.Smith 16.47; I.McMillan 20.54)
 St.Andrews Univ "A" (J.Stevenson 15.27; N.Annett 14.59; B.Kilgour 15.42; D.Easton 14.14)
 St.Andrews Univ "B" (J.Doig 15.53; A.Greer 15.37; A.Matthews 16.30; E.Cassells 16.59)

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Fastest Laps (Junior/Senior Men)

A.Hutton(ESH)	13.21	A.Gourley(Longbar)	13.48
I.Elliott(ESH)	13.31	W.Sheridan(W'lands)	13.51
Rimmer(Cambuslang)	13.32	G.Williamson (Spring.)	13.54
G.Clark(Spango V)	13.35	T.Patterson(Spring.)	13.56
C.Spence(Spango V)	13.36	D.Gunstone(EAC)	13.56
J.McGarva(FVH)	13.38	D.Hunter(EAC)	13.57
F.Clyne(GU)	13.44	J.Golder(Ayrshire)	14.00
S.Gibson(EU)	13.47		(15)

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YOUNG ATHLETES (JUNIOR BOY:SENIOR BOY:YOUTH) 3 x 2 mile

1.Clyde Valley "A"	(D.Bowie 13.38(4); T.McKean 13.08(3); P.Fox 11.43(1))	38:29
2.Springburn H "A"	(K.Sinclair 13.35(2); S.McPherson 12.37(1); A.Callan 12.30(2))	39:42
3.EdinburghSH "A"	(W.Curle 13.54(6); D.Slessor 13.07(4); I.Steel 12.20(3))	39:21
4.St.Cols.HS "A"	(M.Heron 13.59(9); J.McGovern 13.50(13); G.Millar 12.08(4))	39:57
5.Cambuslang H "A"	(D.McShane 12.58(1); G.McLean 13.28(2); J.Cunningham 13.37(5))	40:03
6.Clyde Valley "B"	(S.Marshall 14.04(11); D.McShane 13.21(8); D.Marshall 12.41(6))	40:06
7.Falkirk Vict "A"	(D.Walls 14.20(16); G.Mitchell 12.54(6); J.Pentecost 12.53(7))	40:07
8.Springburn H "B"	(S.Bradley 13.36(3); R.Chalmers 13.54(10); S.Callan 12.52(8))	40:22
9.EdinburghSH "C"	(N.Sweeney 14.01(10); J.Anderson 13.28(9); D.Brodie 12.59(9))	40:28
10.Irvine AC "A"	(R.Dickson 14.04(12); F.Collier 13.33(11); S.Brownlie 12.56)	40:33
11.Springburn H "C"	(J.Kyle 13.49(5); G.Brown 14.06(14); S.McLean 12.42(11))	40:37
12.EdinburghSH "B"	(G.Steel 14.19(15); D.Alessandro 13.21(12); I.Matthieson 13.23)	41:03
13.Cambuslang H "C"	(S.Caldwell 13.55(7); T.Farrell 13.12(5); C.Legge 14.05(13))	41:12
14.Clydesdale H "A"	(J.Pirrie 14.07(13); J.Pearson 13.49(15); J.Higgins 13.24(14))	41:20
15.Cambuslang H "B"	(P.Morris 13.55(8); J.McKean 13.20(7); S.Dickson 14.05(15))	41:20
16.Edinburgh AC "A"	(G.Phillips 14.43(22); J.Blair 14.07(22); A.McKay 12.35(16))	41:25
17.Falkirk Vict "B"	(A.McMillan 14.48(23); K.Maxwell 13.25(19); S.Todd 13.16(17))	41:29
18.Bellahouston "A"	(J.Charles 14.49(24); S.Johnstone 13.22(18); C.Wilson 13.31)	41:42
19.Kilbarchan "A"	(A.Irvine 15.17(33); R.Hawkins 12.57(20); E.Rennie 13.30(19))	41:44
20.EdinburghSH "D"	(N.Tate 14.29(17); C.Cranston 14.10(21); K.Turner 13.14(20))	41:53
21.Ayr Seaforth "A"	(G.Collins 14.32(18); D.Gray 13.36(17); D.Willer 13.51(21))	41:59
22.Central Reg. "A"	(P.Barclay 15.44(39); M.Walker 13.21(24); A.Murray 12.57(22))	42:02
23.Dumbarton AAC "A"	(A.Currie 14.08(14); T.Birrell 13.52(16); S.Chalmers 14.08(23))	42:08
24.Falkirk Vict "C"	(S.Bryce 15.52(42); M.Coyne 13.30(27); P.Faulds 13.00(24))	42:22
25.Edinburgh AC "B"	(M.Benger 15.14(32); D.Cross 14.12(30); K.Wilson 12.59(25))	42:25
26.St.Cols.HS "B"	(C.Williams 15.35(37); S.Farrelly 13.51(29); D.Williams 13.13)	42:39
27.Shett.H. "A"	(B.Scally 14.36(20); A.Foy 14.44(26); C.Curran 13.27(27))	42:47
28.Ayr Seaforth "B"	(G.Martin 15.26(35); W.Collins 14.10(31); R.McCulloch 13.43)	43:19
29.St.Cols HS "C"	(C.Brown 15.28(36); I.Millar 14.19(34); A.Gaughan 13.34(29))	43:21
30.Geo Heriot's "A"	(J.Good 16.26(44); M.R.Goodier 13.43(40); M.Goodier 13.13(30))	43:22
31.Longbar AC "A"	(I.Auchie 15.06(28); S.Balmer 14.00(25); D.Auchie 14.22(31))	43:28
32.Central Reg "B"	(D.Malcolm 16.48(50); R.Cameron 13.38(42); R.Hutchison 13.09)	43:35
33.Bellahouston "B"	(W.Sadie 15.13(31); I.McKay 14.27(32); C.McTaggart 14.04(33))	43:44
34./		

34. Edinburgh AC "D"	(C. Dick 14.37(21); A. McRacen 15.14(37); G. Watson 13.58(34))	43:49
35. Falkirk Vict. "D"	(M. Douglas 16.31(45); G. Grindley 13.59(43); G. Grieve 13.31(35))	44:01
36. St. Cols HS "D"	(G. Nugent 15.13(29); S. Nugent 14.31(33); I. Coyle 14.21(36))	44:05
37. Edinburgh AC "C"	(G. Miller 15.41(39); P. Courlay 14.44(41); S. Dick 13.46(37))	44:11
38. Geo Heriot's "B"	(C. Brydie 16.59(53); I. Mitchell 14.00(44); S. Notman 13.29(39))	44:29
39. Colzium "A"	(A. Graham 16.42(43); J. Egan 15.18(50); C. Anderson 12.30(39))	44:30
40. Kilbarchan AAC "B"	(A. Bryce 15.51(41); A. Puckrin 14.07(39); I. McDougall 14.35(40))	44:33
41. Falkirk Vict "E"	(G. Nixon 16.52(51); K. Cordiner 14.20(45); D. Lauder 13.28(41))	44:40
42. St. Cols HS "E"	(C. Williams 14.54(27); W. Cassidy 14.54(35); G. Burns 15.04(42))	44:52
43. Shettleston "B"	(R. McColl 14.59(25); J. Woods 16.40(47); T. Treanor 13.43(43))	45:13
44. Dumbarton AAC "B"	(D. Prior 15.13(30); A. Currie 14.13(29); B. Grindlay 16.00(44))	45:26
45. Edinburgh AC "F"	(B. Reid 16.44(49); S. Muir 14.49(49); N. Green 14.04(45))	45:37
46. Central Reg. "C"	(M. Buck 17.32(59); D. Murray 14.43(51); M. Stewart 13.25(46))	45:40
47. Kilbarchan "C"	(R. Adams 16.39(47); W. Spence 15.00(49); C. Coia 14.04(47))	45:42
48. Central Reg. "D"	(K. Russell 17.20(55); H. Grant 15.01(53); S. Arnold 13.34(49))	45:55
49. Geo Heriot's "C"	(A. Lees 16.54(52); A. French 15.43(54); E. McQueen 13.29(49))	46:05
50. Ayr Seaforth "C"	(G. Walker 15.23(34); J. Wilson 16.01(46); J. Bryden 15.17(50))	46:51
51. Irvine AC "B"	(R. Nairn 16.18(43); D. Tripp 17.04(57); L. Greer 15.37(51))	48:59
52. Edinburgh AC "F"	(S. Lamb 17.11(54); M. Cant 15.34(55); J. Kelly 16.21(52))	49:06
53. Central Reg. "E"	(S. Crawford 17.30(56); D. Pole 16.29(59); A. Kirk 15.07(53))	49:06
54. Edinburgh AC "G"	(A. Hendry 17.31(57); D. Lloyd 15.29(56); B. Pollock 16.55(54))	49:55

The following did not finish a team:

Fife AC "A"	(C. Little 14.33(19); I. Ness 14.23(23))	
Clydes. H. "C"	(A. Timpany 15.49(40); J. Purvis 14.03(36))	
Fife AC "B"	(D. Anderson 14.54(26); G. Smith 15.05(39))	
Bella. H. "C"	(A. Ashcroft 16.35(46); J. Lennie 15.45(52))	
Clydes H "D"	(V. Walsh 17.43(59); G. Parker 15.41(58))	
Geo Heriot's "D"	(A. Goodier 18.24(60); I. Christie 19.12(60))	

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Fastest Laps

Junior Boys		Senior Boys		Youths	
D. McShane (Camb)	12.58	S. McPherson (Sp. H)	12.37	P. Fox (CV)	11.44
K. Sinclair (Sp. H)	13.35	G. Mitchell (FVH)	12.54	G. Millar (St. Cols)	12.03
S. Bradley (Sp. H)	13.36	R. Hawkins (Kilb)	12.57	I. Steel (ESH)	12.20
D. Bowie (CV)	13.38	D. Slessor (ESH)	13.07	C. Anderson (Colz)	12.30
J. Kyle (Sp. H)	13.49	T. McKean (CV)	13.08	A. Callan (Sp. H)	12.30
W. Curle (ESH)	13.54 (6)	T. Farrell (Camb)	13.12 (6)	A. McKay (EAC)	12.35

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